

British Columbia Physical Education and Kinesiology Articulation Committee (BCPEKA)

Whistler, B.C. Acknowledgement of Squamish First Nations and Lil'wat territory
May 17-18 : Submitted Minutes for 2018 Meeting

1. Welcome and Introductions :

Amber Johnston (Chair - UFV), Alison Pritchard Orr (UFV), Emma Russell (CapU), Ann Holmes (CNC), Lara Duke (Douglas), Ryan Cawsey (Langara), Brent Day (Langara), Tony Leyland (SFU), Sally Stewart (UBC-O), Paul Kennedy (UBC-V), Louis Mater (VIU), Wendy Wheeler (OkC), Brian Chapel (Douglas College, BCCAT representative), Anita Cote (TRU), Sandra H (UVIC), Jody Pickering (COTR)

Regrets: Jani Vogel (CoTR), Gord Inglis (Camosun), David Erickson (TWU), Tatiana Little (TRU)

Approve the Agenda (Lara, Sandra).

Approval of 2017 meeting minutes (Ryan, Paul).

2. Updates BCCAT Spring Update / JAM Update:

- BCCAT update – John Fitzgibbon retired last year, congratulations! Meg Stainsby is now the new Director of Transfer and Articulation. Ruth is still the communication link.
- Fall and Spring update – Ministry – 10-12 changes coming. Still all about student mobility – within and across the province.
- JAM update – great discussion and panel). Panel on indigenization addressing common questions and concerns with indigenization and curriculum. BC Campus Project – trying to put together a faculty booklet to help. Amber will circulate relevant information to the group when it becomes available.
- Breakout – they would like us to start to use Moodle as a group to keep a repository of materials for the BCPEKA. It will be easier with leadership transition. There are some tech people available to help with this project. Hopefully by next year everything will be online. Amber plans to attempt launching this with BCPEKA group.
- Brian Chapel update: Joint Annual Meeting (JAM) includes 3 groups - System Liaison Person (SLP) Articulation Chairs and Institutional Contact People (ICP). ~125 people. Indigenization was a major theme this year. Recurrent theme and will definitely expand rather than contract. Lots of discussion about academic integrity. Please see link for the full panel discussion coverage and JAM presentations.
<http://www.bccat.ca/articulation/jam>
- BCCAT is a tremendous resource and they keep stats on a lot of things. Please remember to use this as a resource. Ruth is also a great contact for anyone that needs help.
- Breakout Themes: Indigenization + Internationalization + Mental Health + Moodle/Communication + Transfer + Committee Management.

- Next year – JAM Meeting will be in Downtown Vancouver in November, 2018. Link for registration:
- Can we consider putting other resources on Moodle – e.g. Indigenization? Are there key people that can serve as a resources at various institutions? There are a variety of options for creating the platform – Amber will look into if the platform can serve as a common accessible resource.
- Articulation Changes/Outstanding articulation requests (TCES) – same process. A few outstanding TCES (VIU/CAP). There is a new electronic process that may result in a direct method to signing off electronically – you will know when you get the new email format. Goes into TCES directly once approved. There are a lots of course changes coming through from this meeting. Please make sure all changes get put through TCES so that it all gets into www.bctransferguide.ca.

3. BCPEKA Institutional Admissions Document - *updated document circulated*

Motion to create this as an official BCPEKA document (Sally, Sandra). Please make notes on the document or send changes to Wendy who will make changes and send to Amber with live links to admissions information online and a disclaimer.

4. BCPEKA Programs Document – circulated to make any changes and will be maintained for the coming year.

Discussion emerged around **Accessibility/Accommodation** and courses with physical activity components when students don't want to participate in physical activity. Must relate back to learning outcomes and employment requirements; *encourage versus require*; and accommodation is for medical conditions / disabilities; inclusion is for a variety of skills and abilities; balancing rights of students and rights of faculty in exercise settings (medical clearance)

5. K-12 Curriculum Changes:

- Timelines – discussion about when to have things ready for new admission requirements.
- New courses/curriculum to have a look at relevant to our programs – PHE; A&P; Math/STAT; CHEM; BIOL.
- Impact on Teaching and Learning – specific sciences harder to incorporate with new teaching methodologies.
- Summary document from meeting at Okanagan College can be circulated to everyone (*attached*)

Roundtable Discussion

- CNC – concern about changes in BC and how to blend with out-of-province and international students.
- UBCO/TWU/COTR – what are other provinces doing. AB?
- Will be added to department discussions for next year at most institutions.
- Potential opportunities to help with teacher transition to new 10-12 curriculum. COTR – helped with PL in elementary schools with new elementary school curriculum changes that went really well.
- Not at the department level yet at many institutions. Ryan – how might this affect entrance scholarships?
- *Amber: will connect to other articulation meeting groups and give feedback to this group.*
- Take back to department meetings...email thread to follow.

- Useful documents posted online. Draft Curriculum will be approved Summer 2018. Have been told that what you see online now is pretty much final they just have to work through the final approval processes.
- Useful links: Curriculum Comparison Guides <https://curriculum.gov.bc.ca/tools> and the new course by courses curriculum <https://curriculum.gov.bc.ca/curriculum/11-12>

6. AKA – American Kinesiology Association (Lara):

- US based and Douglas College is associate member
- Question at last conference – “how to engage millennials”?
- Leadership Workshop 2019 – Pheonix, BC.
- Lara has been advocating with AKA for Canadian Membership Rate.
- Lots of common issues and innovative curriculum talk. Are we all just training pre-PTs? Losing PE departments across the country.
- Some of our issues are not even on their radar (e.g. indigenization).
- See Website – AKA – <http://americankinesiology.org/> for more information.

7. Introductory Biomechanics (Wendy)

- Finds course is a challenge, essentially grade 12 Physics, and wants to revise the course
- Create transformative learning experiences, how to make it better
- Various directions one can go
- UBC-V does not require physics to teach UG biomechanics, 3rd year BM and it is applied, will move to a more applied anatomy course
- CNC now have two sections an nicer to have if students have had the anatomy
- The dartfish platform allows them to get into it, expensive yet a valuable tool
- VIU does it as an upper level course
- UFV, not a physics requirement
- DC approach, on our own to update the curriculum
- Ontario – doing functional capacity evaluations
- Problem solving and how to overcome something that is hard
- Scientific rigour of articles, problem solving
- Bundle content, problem solving, applied skills, project based, problem based learning, opportunity to build in inclusive and adaptive
- Wendy is forming a working group and will be in touch with you to connect me to the right people at your institution. Will follow-up first with inquiries to institutions with lower and upper level biomechanics courses and then with working group volunteers (Paul, Lara, Ryan and also specific instructors Jill, Caroline, Tracy, Corine).

8. Core Courses and Streams (Sally)

- A couple years ago. We worked with professionalism with BCAA.
- Common Core discussion – BCPEKA.
- Complementary but unique programming – Strength of the BC system.
- Is anyone changing your focus?
- UBCO – currently has 2 streams Health Promotion and Clinical Exercise Physiology
- Are we really training our students to be able to do that? What does that mean and what does that look like? Practical experiences – post-grad internship.
- Discussion tabled until after IRs?
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9. Articulation and Institutional Agreements

- CNC - How to service employment outcomes and UT?
- Block transfer agreements – is it timely to go back to that with 2-year diploma programs.
- Associate of Arts in Kinesiology – this still keeps coming up at CNC.
- Course by course articulation already in place with some flexibility for year standing for transfer students. Seems to be working ok and not sure about block transfer of a flexible pre-major. Even with Associate of Arts or Associate of Science – students still get unspecified credits and have to take lower level electives.

10. Kinesiology and Physical Education Professions

Teaching as a Profession and Physical Education Specialization

- Last year we talked about this and summarized which institutions are committed to maintaining a PE focus to their program. With the changes provincially and the current teacher shortage – are any institutions noticing an uptake in student interest?
- UBC-V – Faculty of Education cannot fill the PHE co-hort – 4 students declared PHE from UBCV KIN Program. Courses will still live here but will no longer be a banner program at UBC-V. Faculty still available to teach them for now. Performance Analysis courses – lose money. Really hard to justify keeping those going. More in dual KIN/BUAD than PHE.
- Douglas – BPEC – winter intake and 2nd year intake. Numbers overall are very good.
- TWU – helping with minors to support students taking Arts Degrees. Less interested in major PHE programs.
- UFV – still a stable enrolment in pedagogy. Faculty of Education and our own PDP program has a made difference. 2 PE specialists an advocate within the department. Major course revisions – new physical literacy course.
- UVic – PE has been cut. Recreation and Health Education. Health Education – talk about expanding that component.

Discussion around B C A K and becoming a registered profession

- if we register we need minimal overlap between other professions eg nutrition, physio – concern from Darry last year
- Should it be broad or specialize and increase depth
- One of the strengths is our breadth!! Need to maintain that
- Need scope of practice tie in to become registered
- Kins dealing with general healthy
- Its how we market our breadth and scope of practice
- Ontario took 5 years to go through this; umbrella for profession
- As a registered health professional we follow professional ethics based on what you are trained in eg. analogy of a nurse and a surgical nurse
- Keep PE in there as part of the kin foundation; needed for rehab for example and many practices
- Lifestyle coach pieces
- Government needs to hear how it helps; preventative, need evidence
- What would the liscencing exam look like???? Narrow a bit to fit an exam

- Maybe a post grad year internship program to prep students from a 4yr degree to being licensed
- CUPEKA
- Government directive
- Ontario do work; then rest of Canada follow suit but not aware of any other province following suite
- Want to keep it as an option for students
- Preventative medicine
- Government only helps vulnerable populations; need to put the front that our whole population is vulnerable re health and lifestyle
- Where does IH draw the line with health services?? Looking to partner though to refer out
- What is our role in advocating for this?? What are projections?? Is it promising?
- Sally to follow up with Darryll and report back
- ICBC now hiring KINS

11. Institutional Reports – full IR’s circulated in PDF doc.

Camosun – submitted and prepared by Gord Inglis inglisg@camosun.bc.ca

- No changes with degrees; degree, diploma, increased enrolment, 2 yr waitlist for degree
- Up for program review
- Started adventure ed las year; very successful
- Massage therapy program developed; awaiting final approval
- Sport mgmt. degree off to ministry for review

Capilano - submitted and prepared by Emma Russell erussell@capilanou.ca

- Not much mvmt on their new program as lost dean, etc. so lack of leadership help
- Program running well and getting students
- Had a roadblock with their degree so working on getting it all done correctly and will keep moving forward on it (degree; soft skills not well dev. but curriculum set but now soft skills embedded into degree; challenging because of lack of leadership as to where proposal goes next)
- 50 year anniversary for cap
- just signed Ok charter for Health Promoting Universities and Colleges
- dean of Health and Education overseeing program for time being

CNC – submitted and prepared by Ann Holmes holmesa@cnc.bc.ca

- Program update year
- Two streams; kin diploma and articulate to degree granting institutions and business specialization for those exiting after two yr diploma
- New required course for all kin and first years at CNC (open to all) (health oriented, from UBCO HEAL 100) thus able to then modify and focus their active health

course and health course, new nutrition course, A and P now has labs; hope provides better stepping stones to either community or 3rd and 4th yr degree programs

COTR – submitted and presented by Jodi Pickering jpickering@cotr.bc.ca

- Down to one stream from 2; to start this academic year so they can make it what they want, eg prep for uni or end after two years (called KIN diploma)
- Developing a research methods course
- Lots of opportunities to have students working in elementary schools for practical work and great experience (communication skills)

Douglas - submitted and prepared by Lara Duke dukel@douglascollege.ca

- Lots of faculty going on leave
- Hired two full time and hope to keep them after leaves over
- Doing away with team/ind and sport courses and doing broader approach
- Two new courses; close to be finally approved; start fall 2019
- 18 month review process
- yr 2 of pilot with Shanghi; great PD as well within department bc of this experience
- working on other events such as orientation, course plans, application and other special programs shared, national biomechanics day (had high schools visit campus) etc.
- “recruit, orient, inform , retain, reward”
- to help sustain programs now that the curriculum review is done

Langara – submitted and prepared by Ryan Cawsey rcawsey@langara.ca and Brent Day bdlay@langara.bc.ca

- Lots of growth esp. international students
- 1/3 seats reserved for int students; more taken by int students; but brought in more revenue; offered way more sections and thus way more domestic seats this past year; allows students to still enrol and try the classes
- lead to lots of hiring eg 5 FTEs; facilities is the limit on resources right now
- completing 18 month program review; not huge changes in course but better alignment and aware of learning outcomes; collaboration amongst faculty
- just approved by NSCA as recognized partner with them so can finish diploma and go write the NSCA exam; still eligible to write CSEP exam as well

OK College – submitted and prepared by Wendy Wheeler wwheeler@okanagan.bc.ca

- Only change is that they are an official department now and so Wendy has time to be a dept chair; then hired more people such as Louise Blais
- Holding strong as rebuilding faculty

- Overloaded 2nd years; as students coming from other college classes; helps to advocate for expansion and time for curriculum review
- Indigenization; 3 courses

SFU – submitted and prepared by Tony Leyland leyland@sfu.ca

- External review just completed but no action items yet but maybe decreasing obstacles for students getting in eg. less math; too many courses (narrow focus a bit), next year hopefully report on actions from this review
- Still developing professional kines certificate, approved
- No direct entry into program after first year eg. transfer students; have to go through science faculty first then do internal transfer to program

TRU – Absent Rep - submitted by David Erickson david.erickson@twu presented by Anita Cote anita.cote!@twu.ca

- Stable enrolment and courses; core and few electives
- Transfer ability still good
- Bachelor of elementary and secondary ed gone
- Interest in bachelor or interdisciplinary studies
- Lots taking courses in open learning
- Trying to link some programs eg. kin with nursing and outdoor activity eg. to increase awareness of health and PA
- Link to faculty of indigenous students

TWU - submitted by Tatiana (tlittle@tru.ca), presented by Amber

- Anita – just finished second year there
- No major in PE anymore
- 3 streams still well attended but Kin is the most popular of the 3; most seem to be navigating other health professions
- struggling students are recommend to take “generalist” stream
- those interested in Ed are going into Ed but are usually taking electives in kin if they have that interest
- offered course social determinants of health lower level; 4th yr course being offered this coming year
- scheduled curriculum review this coming year
- athletics done well
- close to 200 new students new year; about 20 – 30 /class in upper years, 40 grads last year; offer multiple sections of courses so classes kept small
- TRS – teaching, research and scholarship approach for faculty; new thing implemented this year institution wise; helps them develop in their field and focus
- 2 new residence building
- each faculty assigned a bunch of students to help them with advising; eg to get students to go to faculty

UBCO – submitted and prepared by Sally Stewart sally.willis-stewart@ubc.ca

- Feedback from Wendy re the HINT 408 class
- New director started Jan. from UK already changing some structures in department
- Starting a big curriculum review now to carry out through year and launch 2019
- Concern and push for ensuring our streams are doing what we intend and training our students appropriately
- Faculty on leave, one retired, sessionals used; will maintain til after review process
- New 400 seat lecture theater open for this fall

UBCV – submitted and prepared by Paul Kennedy paul.kennedy@ubc.ca

- Lots of construction so hard re facilities and lost about 200 seats overall
- Eg. anatomy had to go into two rooms (video in other room)
- Told by provost not allowed to expand/grow program
- Co op supported by school 55% funded ; wondering whether to offer it or not
- Changes with curriculum coming up; students had to take some credits outside of kin but now not required so eg. eng recruitment will be in house; students still CAN take courses in other faculties
- 3 new streams, new core, start 2019
- course numbers will change; as currently no rhyme or reason behind numbers; labelled so students know that courses are labelled making sense; some of the prereq for physio, for example, so they don't have to take it again
- adding more social sciences to first year as not much at lower level
- looking at adding an honours program

UFV – submitted and prepared by Amber Johnston amber.johnston@ufv.ca and Alison Pritchard Orr Alison.pritchardorr@ufv.ca

- Big curriculum and program changes reaching final stages of approval
- BKIn 2 options (specializations by this fall; ex sci and pedagogy)
- 15 full time faculty; in process of hiring lecturers
- over 200 applications; 111 coming in fall
- gained a bit of space and new models, cart etc.
- prefixes of courses all changed to KIN from KPE
- adventure tourism courses gone
- new physical literacy class starting this fall
- 200 level special topics course (upper level reintroduced 499)
- neurotrauma course being taught as 499; good reg
- 200 level nutrition and 400 ethics added to core
- changed specializations; have to declare by second year and will appear on parchment
- ex sci stream will have more “science” and ready to write CSEP and other health professions
- these above ready for fall 2018
- activity courses eliminated by 2019 and replaced to meet PDP requirements

- new specialization; goes to senate June 1 then to ministry
- in active health stream added a mandatory business course
- every course went through course review; learning outcomes; effective 2018 fall
- external review starting in next few weeks
- our dean is now president (first female pres); dept head is now new dean of faculty so now need a new dept head
- lots of faculty research going on; some in Antigua for field study
- good student awards
- 2 faculty in Kin got 2 out of the 3 university awards – congrats Amber for service award!!!

UVIC - submitted and prepared by Sandra Hundza shundza@uvic.ca

- Used to have bachelor of ed but cut it
- 2 streams; rec and health ed (so can still do edu as PDP program) and kines
- honours and co op
- ad out for a teaching professor
- usually 170 applicants to kin program but only take 60; resistance from faculty to grow program; A- GPA to get into kines
- rec and health program is about 40 students
- entering a curriculum review process
- just starting a practicum course; growing slowly as an elective for now; not a grad requirement yet
- talking about co op but not sure; going to see how practicums go

VIU – submitted and prepared by Brad Reimer brad.reimer@viu.ca presented by Louis Mattar louis.mattar@viu.ca

- Will be taking over the chair from Brad
- Mandatory 2% cut in budget across the board
- Strong enrolment; graduating between 25 – 35 students each year
- New dean; advocate for SHAPE dept.
- One retirement and hired Andrew Kraus (fabulous addition)
- New courses; advanced anatomy to help with PT/OT 3rd year project based
- Adapting an open Anatomy text book; part of project; VIU specific
- Finished program review and doing the 1 yr follow up presentation re the follow up actions; implemented a better way to track and monitor students

12. BCPEKA Meeting - 2019 Plans:

VIU to Host, Proposed Dates: May 6 – 7

Topics/Themes to be discussed via email. Amber and Louis to connect/organize.

Motion to adjourn – Alison, Sandra 4:30 pm

2nd day – Attendance of the PHE Canada Research Council Forum

See agenda: <https://phecanada.ca/connecting/phe-canada-research-council-forum/phe-canada-research-council-forum-agenda>

For anyone interested 2019 PHE conference, Montreal Quebec:
<https://phecanada.ca/connecting/events/2019-phe-national-conference>